Substance Abuse & Mental Health Resources for Healthcare Professionals

988 Suicide & Crisis Lifeline: Ohioans who are experiencing a mental health or addiction crisis, and their family members, can call, chat, or text the 988 number in order to reach a trained counselor who can offer help and support. 988 provides 24/7, free and confidential support to Ohioans in a behavioral health crisis. If callers need additional services, they will receive assistance and connection to local providers.

FindTreatment.gov: FindTreatment.gov is one most comprehensive resources for persons seeking treatment for mental and substance use disorders in the United States and its territories. FindTreatment.gov provides the ability to search for substance use and mental health facilities, health care centers, buprenorphine practitioners, and opioid treatment providers.

Ohio Domestic Violence Network (1-800-934-9840): Provides linkages to **local** domestic violence resources. If you are in immediate need of assistance for domestic violence and it is outside of business hours, contact the National Domestic Violence Hotline at 800.799.SAFE (7233) or live chat at **www.thehotline.org**.

Pharmacists Rehabilitation Organization (www.ohiopro.org): A non-profit and volunteer peer assistance organization that helps assess, refer to treatment, and monitor pharmacists (and licensed pharmacy interns) with alcohol and/or drug dependencies.

Ohio Physicians Health Program (www.ophp.org): Provides a compassionate, supportive, and safe environment for healthcare professionals to receive confidential services to improve their health and well-being.

The resources listed in this document are for informational purposes only and do not constitute an endorsement by the Ohio Board of Pharmacy. They do not represent a complete list of the resources available.

Substance Abuse & Mental Health Resources for Healthcare Professionals

Substance abuse & mental health conditions are treatable, and help is available.

The healthcare profession is not immune to substance use disorders and mental health conditions. Such medical conditions impair a healthcare professional's competency, ability, and judgement. Substance use disorders and/or mental health conditions that are left untreated may not only cause a healthcare professional to risk their career but may also endanger the life of a patient.

These medical conditions can be effectively treated, and it is possible for healthcare professionals that are in treatment or recovery to return to practice.

The Ohio Board of Pharmacy encourages all healthcare professionals who may be struggling with a substance use disorder or mental health condition to seek help.

Treatment can occur in a variety of settings, in many different forms, and for different lengths of time. To assist healthcare professionals in getting help, the Board has compiled a list of resources on the back of this card.

988 SUICIDE & CRISIS LIFELINE Ohio

PROVIDED BY:

Ohio RecoveryOhio

Ohio Board of Pharmacy

www.pharmacy.ohio.gov